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## MEDIA ADVISORY - FOR IMMEDIATE RELEASE

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## Greater Lansing Food Bank to Hold "Day of Service" in Honor of MLK

**LANSING, Mich.**— Greater Lansing Food Bank (GLFB) will be participating in a statewide day of service to honor the legacy of Martin Luther King, Jr. GLFB's Garden Project will be part of 22 participating organizations across Michigan that will address hunger and homelessness, education and other critical community needs. In total, projects will engage 2,700 volunteers and 3,500 volunteer hours, benefitting more than 50,000 Michigan residents. GLFB's volunteers will be sorting and packing seeds to give to home gardeners throughout its service area. GLFB received a small grant from Michigan Community Service Commission (MCSC) to help buy supplies for volunteers.

WHEN: Saturday, January 14 at 9-12 AM

WHERE: 919 Filley St., Lansing, MI

HOW TO PARTICIPATE: Contact Hilary, 853-7807 or <a href="mailto:hilary@glfoodbank.org">hilary@glfoodbank.org</a>. RSVP required and space is limited.

WHY: "Our gardens are a touchstone for the community," says Joe Wald, Executive Director of GLFB. "They provide fresh food, bring people together and beautify our neighborhoods." Mr. Wald adds that volunteers will pack an estimated 1,500 "Garden to Go" bags filled with seeds and instructions as part of Saturday's event.

Martin Luther King Jr. Day was created by Congress in 1994 and has grown beyond a federal holiday honoring King into a national day of community service. Each year, participants in service projects across the country share King's message of serving others. The MCSC encourages individuals and organizations to search for opportunities in their community by visiting the official MLK Day website at www.MLKDay.gov.

GLFB is a non-profit organization that provides emergency food to individuals and families in need in Ingham, Eaton, Clinton, Shiawassee, Clare, Isabella and Gratiot counties. It raises money, food and in-kind contributions to meet emergency food needs; coordinates and supports the work of area food pantries; rescues wholesome excess food that would otherwise go to waste; promotes, encourages and emphasizes self-help programs toward the goal of selfsufficiency; and educates the community on hunger issues.

To learn more about the Greater Lansing Food Bank, visit greaterlansingfoodbank.org.



